

*Something for Men, Something for Everyone
discover what gentle movement & rest can do for your life!
Cost = \$10 donation/class*

**Movement
Intelligence®
&
Awareness
Through
Movement®
classes**



Special Men's Healing Touch Class with Dan Snyder

*(for men and all who would be comfortable
in this gathering)*

on these Mondays, 6:30 - 8 PM:

*all are welcome!
gentle movements
from a chair or
from the ground
to restore your joints
to innocence*

*to improve & bring ease to
your walking/moving
sitting
sleeping
everything in your life!*

**Tuesdays & Thursdays
11 AM - noon** (\$10 donation)

with Brian Shircliff

*check our website for class
cancelations as Brian
completes training, and to
schedule individual sessions
for particular aches or pains
you'd like to see disappear!*



**July 29
Aug 19
Sept 23
Oct 14
Nov 18**

— no prior experience necessary! —

*Dan was an accountant who answered the inner
call to study Healing Touch & Barbara
Brennan's work. He has been certified by
Healing Touch Program (practitioner &
instructor) & Barbara Brennan School.*

*Healing Touch is gentle, heart-centered, easy-
to-learn & practice for your own self or with
loved ones.*

healingtouchprogram.com



3925 Montgomery Rd., Norwood, OH 45212

*free parking in our landlord's Domino's Pizza lot, plus free on-street parking!
check the calendar on our website for holiday/weather cancellations!*

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