



WE'RE NINE! so let's party!

celebrate VITALITY's 9th Anniversary!

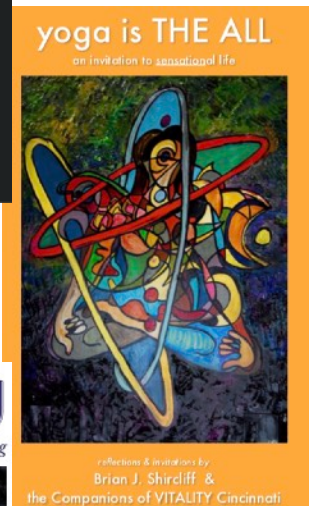
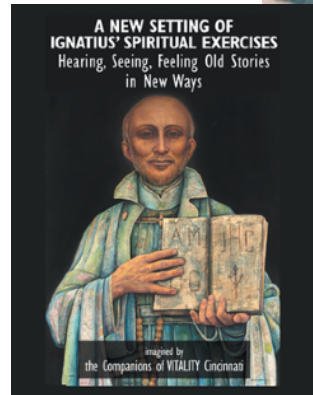
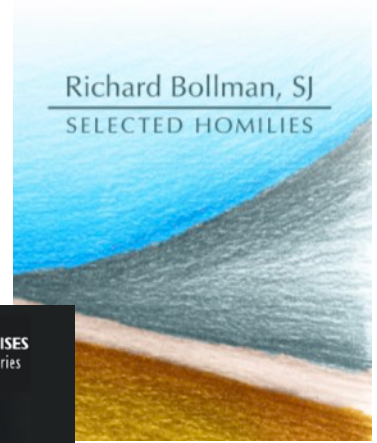
Saturday, Sept 14 3 - 5 pm
at Betta's Italian Oven

3764 Montgomery Rd, Norwood 45212
just down the street from VITALITY and XU!
lots of free parking on Cleaney and by VITALITY

free pizza, salad, cake, soft drinks
happy hour prices on beer & wine

RSVP by Sept 9 513.300.5174

we're excited to have 4 new editions of our books to offer for \$20 each and discuss . . . and meet our Yoga/Healing Touch Interns who are setting the world on fire with their love of yoga & meditation!



Sweet Lady J

Mother, Muse & Root of Nearly Everything

The 3000-year-old
Campfire Stories
of Biblical Genesis
Giving Birth to
Judaism,
Christianity,
Islam,
Nonviolence
& Neuroplasticity



translation & illustrations by
Brian J. Shircliff

VITALITY buzz & books

VITALITY HEALING TOUCH
COMMUNITY GARDENING
INNER **SELF**
JOURNEY **CARE**
MEDITATION **CINCINNATI**
YOGA **SINCE 2010**
MOVEMENT INTELLIGENCE®

VITALITY's Board of Trustees invite you to celebrate with us our 114 Yoga Graduates & 200+ Healing Touch Graduates & new Movement Intelligence Graduates...Founders & Board-friends: Richard Bollman SJ, Mary Duennes, Mike Eck, Kevin Laskowski, Carol T. Yeazell, Brian Shircliff & Emeritus Board Members: Joyce & Tom Choquette, Jack Lennon, Joan Lichtman, Micah Richey, Sue Saylor. vitalitycincinnati.org