



is **NEARLY NINE!**

Sept 2010 to today...2019!

time to celebrate!

share some new writings . . . and talk about the creative process!

Sat, May 18 **4 - 7pm at VITALITY (Norwood)**

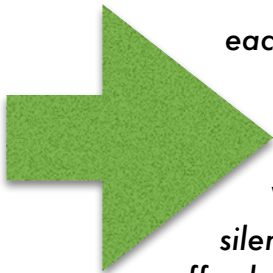
Richard Bollman, SJ & Brian Shircliff begin the conversation at about 5pm talking about VITALITY's 2 new books and then open up the conversation to everyone

Sat, June 22 **4 - 7pm at Xavier University's**

Gallagher Center. . . *Brian Shircliff, the 19 contributors to YOGA IS THE ALL, and VITALITY's Yoga/Healing Touch 127 Interns past and present open a conversation about what we all do to discover yoga – THE ALL – in our daily lives*

Sat, Aug 24 **4 - 7 pm - location TBA**

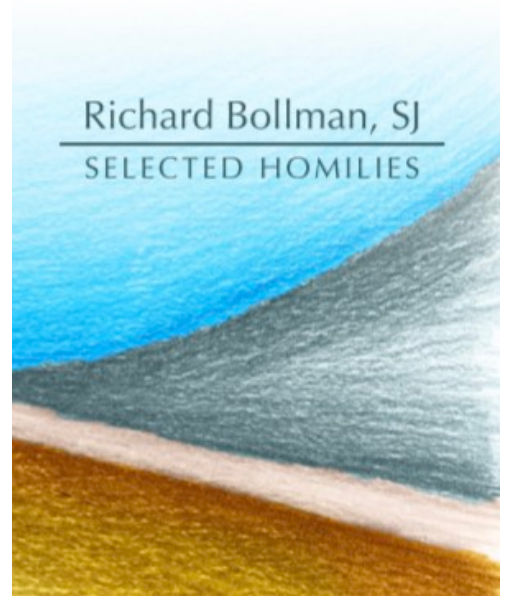
Richard Bollman, SJ in conversation with Bellarmine Chapel poets & artists on the creative life and celebrating the arrival of Richard's 1st book!



each of these is a **happy hour** – in more ways than one: bring a bottle of wine or beer or a snack to share; healthy snacks provided, much from local farmers and businesses; art by VITALITY & Bellarmine Chapel artists for sale & by silent-auction to support VITALITY's mission of sharing affordable holistic self-care

RSVP: **vitalitycincinnati@gmail.com**
or call/text 513.300.5174 — ALL ARE WELCOME!

with our Board of Trustees: Richard Bollman SJ, Mary Duennes, Mike Eck, Kevin Laskowski, Carol T. Yeazell & Emeritus Board Members: Joyce & Tom Choquette, Jack Lennon, Joan Lichtman, Micah Richey, Sue Saylor



Richard Bollman, SJ
SELECTED HOMILIES



yoga is **THE ALL**
an invitation to sensational life



reflections & invitations by
Brian J. Shircliff &
the Companions of VITALITY Cincinnati