



"Becky Morrissey is one of the greatest gifts to our city . . . all she offers through yoga, counseling & life!"

Join Becky Morrissey for Trauma Sensitive Yoga Training at VITALITY!

- Course 1: Clarify (20 hours)
Saturdays, May 27 & July 8, both from 9am - 5pm
Tuition: \$195
- Course 2, Facilitate, will be offered in a 4 Day Immersion:
July 26-30, Wednesday-Friday 5-9pm. Sat-Sun: 9-6pm
Tuition: \$295
(please note: Course 1 is a pre-requisite to Course 2)

3925 Montgomery Rd., Norwood, OH 45212
free parking in our landlord's Domino's Pizza lot, plus free on-street parking!
check out our website for more great programs & opportunities
vitalitycincinnati.org vitalitycincinnati@gmail.com 513.300.5174